

## CURRICULUM VITAE

**Last Name:** Sik  
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### **Academic Qualifications:**

Bachelor of Science (International Business and Computer Science)  
University of Oregon, USA. 1976

Master of Art (Religious Studies)  
University of London, School of Oriental and African Studies. 1994

The Post-Graduate Diploma in Family Mediation  
HKU School of Professional and Continuing Education,  
The University of Hong Kong. 2003.

### **Educational Related Experience:**

Co-setter for the subject Religious Studies (Buddhism) for the Hong Kong Certificate of Education Examination  
Hong Kong Examinations and Assessment Authority (1997 -1998)

Consultant representing the Hong Kong Buddhist Association to sit on the subject committee to development the new Religious Studies (Buddhism) syllabus in the Hong Kong Certificate of Education Examination  
Hong Kong Examinations and Assessment Authority (1997 -2000)

Organized and taught in a program that enabled From 6 and 7 students in Buddhist secondary schools to study the Ethics and Religious Studies syllabus for the Hong Kong AS-level examination  
Hong Kong Buddhist Association (2000-2002)

Primary instructor for the series of workshops designed for preparing all teachers teaching the 2005 Religious Studies (Buddhism) Syllabus  
Hong Kong Examinations and Assessment Authority and Hong Kong Buddhist Association (2003)

Founding fellow of the Centre of Buddhist Studies of the University of Hong Kong. Contributions during the period 1999-2002, including: the drafting of the initial proposal for the establishment of the Centre, soliciting donation, scouting and interviewing staffs, and drawing up the draft syllabus for the degree of Master of Buddhist Studies

Visiting Assistant Professor of the Centre of Buddhist Studies of The University of Hong Kong (2002-2007)

Supervisor of Buddhist Bright Pearl Primary School (2005)

Visiting Professor of the Holy Spirit Seminary College (aggregated to the Pontifical Urban University, Rome) (2005)

Teaching Consultant of the Centre of Buddhist Studies of the University of Hong Kong (2007-2008)

Assistance Professor of the Centre of Buddhist Studies of the University of Hong Kong (2008-Present)

Acting Director of the Centre of Buddhist Studies of the University of Hong Kong (Nov 2010-Present)

### **Courses Taught in the University of Hong Kong:**

Undergraduate courses:

Money, Love and Morality  
In Search of Happiness and the Meaning of Life  
Essence of Buddhist Teachings

Graduate courses:

How to Teach Buddhism;  
Positioning Buddhism in Today's World;  
Study of Important Buddhist Meditation Texts

### **Course Taught in the Holy Spirit Seminary College**

Study of Buddhism

### **Publications:**

#### **Books:**

- 《正覺的道路》香港中學會考佛學科適用課本, 香港佛教聯合會出版

### Articles and Chapters in Books:

- “*Dharma Therapy: An Intervention Program With Mindfulness As One of Its Key Components*” in *New horizons In Buddhist psychology, relational Buddhism for collaborative Practitioners*, 2010, Mautits G.T. Kwee, Tao Institute Publications, 353-373
- “*The Pearl of the Tripitaka, Two Vaggas in the Sutta-Nipata.*” in *Buddhist and Pali Studies in Honour of the Venerable Professor Kakkapalliye Anuruddha*, edited by KL; Karunadasa Khammajoti, 2009, Centre of Buddhist Studies, The University of Hong Kong, 417-28
- *Neutral and Impartial*, ADR Bulletin, The monthly newsletter on dispute resolution, Lexis Nexis Butterworths, Australia. June 2002.
- 《佛學、心理學與個人成長》華人文化與心理輔導模式探索華人文化與心理輔導模式探索/ 陳麗雲...[等]主編;香港大學-清華大學心理輔導研究中心.北京市: 民族出版社 (2003)
- “香港是我家” -- 《沒有硝煙的戰爭—香港醫護人員抗SARS感言錄》黃岐阮嘉毅主編. 香港：明窗出版社, (2003)

### Unpublished Work:

- *A Study of the Diamond Sutra Eulogies by the Mahasattva Fu of the Liang Dynasty and its Translation into English*, a dissertation submitted to the University of London School of Orientation and African Studies for the fulfilment of the study of Master of Art in Religious Studies (1995)

### Conference and Others Presentations:

- *Buddhist view on evil cult*, a speech given as an expert opinion in the LegCo Panel on Home Affairs of Legislative Council of the HKSAR. Content of the speech was published in whole by the Ming Pao Daily and Wen Wei Pao (2001)
- *Buddhism, Psychotherapy and Personal Growth* a paper present in the “International Conference of Chinese Culture and Counseling” organized by the Centre on Behavioral Health of The University of Hong Kong (2001)
- *Facing Death*, a speech delivered as a special guest speaker in the forum on “Attitude Toward Death” organized by the Society for the Promotion of Hospice Care (2004)
- *Dharma Therapy: A therapeutic intervention that builds on the Universal Dharma with mindfulness practice as one of its key components*, a paper presented in the conference on “Cross Road between Chinese Culture and

Western Counselling Models” organized by the Centre on Behavioral Health of The University of Hong Kong (2004)

- *Buddhism and Society: The Mahayana Perspective* a talk given in the Southern and Northern traditions of Buddhism Lecture series organized by the Centre of Buddhist Studies of The University of Hong Kong (2004)

### **Religious Affiliation**

- Member of the Sangha of the Mahayana Buddhist Tradition
- 45th generation Lineage holder of *LingJi* School of Chan (臨濟宗)
- 10th generation Lineage holder of *Guiyang* School of Chan (澆仰宗)

### **Membership in Professional Organizations:**

- Hong Kong International Arbitration Centre Accredited Family Mediator

### **Grants and Awards:**

- Two years \$1million grant for the research project “*Orientation to Life Enhancement Project*” funded by Quality Education Fund of Hong Kong Government (2004-2006)
- One year \$485,000 General Award for the “*Development of the learning resource packs on new senior secondary ethics and religious studies - Section D*” funded by the Education and Manpower Bureau of Hong Kong Government (2006-2007)
- Three years \$1 million General Award for the research project “*The possibility of integrating Buddhist Teaching into the NSS curriculum for Liberal Studies*” funded by Li Chong Yuet Ming Buddhist Studies Fund (2006-2009)
- Two years \$218,500 General Award for the research project “*Project to develop teaching packages predominantly for module 1 (personal development and interpersonal relationships) of the NSS Liberal Studies (LS) curriculum*” funded by the Education and Manpower Bureau of Hong Kong Government (2006-2009)
- Three years \$1.8 million General Award for the research project “*Life Education Based on the Concept of Dependent Origination (LEDO) Project: The Development of a New Set of Teaching Materials for Buddhism Curriculum for Upper Primary and Lower Secondary*” funded by Tung Lin Kok Yuen (2008-2011)

- Three years \$5 million General Award for the research project “*Traditional Chinese Ethics and Religions Research Project*” funded by Sik Sik Yuen (2009-2012)

**Current Research:**

- Dharma Therapy: A therapeutic intervention that builds on the Universal Dharma with mindfulness practice as one of its key components
- “*Orientation to Life Enhancement Project*”: Can a series of workshops based on Buddhist teaching enhance the Sense of Coherence of high school students?

**Community Services:**

- Member of the Advisory Committee (General Services) of Oasis---Center for the Personal Growth & Crisis Intervention, Hospital Authority of HKSAR (2001-present)
- Executive Director of the Hong Kong Buddhist Association
- Director of the Awareness Spiritual Growth Centre